



## Pulteneytown People's Project

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Scottish Charity No. SC 033675 Limited Company No. 272750

Newsletter - September 2011

# What's On At The PPP

### Special Events this Month

- [First Aid course on 5/10/11 and 29/10/11](#)
- [The Job Club is looking for anyone needing help finding employment](#)

#### MONDAY

- Lads Learning for Life: 10am - 4pm
- Mums Fun: 11am - 4pm
- Target, Thurso High School: 9:30am - 4:30pm
- MAASK: 3pm - 5:15pm
- Boy's Group: 3:30pm - 5pm
- Unions Computer Group: 6:45pm - 9:15pm
- Computer Group 1: 6pm - 8pm

#### TUESDAY

- Target: 9am - 3pm
- Cooking Class: 9am - 1pm
- Ladies Sewing Group: 10am - 12pm
- Ladies Knitting Group: 2pm - 4pm
- MAASK: 3pm - 5:15pm

#### WEDNESDAY

- Carnegie Group: 9am - 2pm
- Computer Group 3: 11am - 1pm
- Watten Computer Group: 1:30pm - 4:30pm
- MAASK: 3pm - 5:15pm
- Union Computer Group: 5:45pm - 9:15pm

To Get More Info On Any  
Of Our Projects Or To Book  
A Session Please Get In Touch

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#### FRIDAY

- Thurso Drop-in: 10am - 5pm
- Art class: 2pm - 4pm
- Job Club: 10am - 5pm
- MAASK: 3pm - 5:15pm

#### THURSDAY

- Access To College: 9am - 5pm
- Ladies Group: 10am - 12pm
- Wick Drop-in: 12pm - 5pm
- Ladies Group: 2pm - 4pm
- MAASK: 3pm - 5:15pm

### Contents

Cover Page: PPP's Community Centre has seen some big changes recently. Visit our website to see lots of photos from inside.

Page 1: News on Carnegie groups starting, the Youth Committee and an Australian Professor who recently paid PPP a visit.

Page 2: News on Get Ready for Work, courses on Sports Leadership and First Aid, plus the PPP Job Club.

Back Page: Find out what's going on at PPP and special events this month.

### See Inside PPP's Community Centre

PPP staff had a guided tour of the new £3.4 million Community Centre being built on Huddart Street, Wick on August 30.

The Community Centre is looking magnificent now that most of the scaffolding has come down. The only section still with any scaffolding erected is the main entrance. The final windows are to be being installed in the PPP staff office in the coming weeks, but even with these minor tasks still to perform the Centre looks very impressive and inviting.



Inside the building some decorating is already going ahead with the walls of the children's play area painted a colourful green and yellow. The interior of the multi-purpose hall is looking very fresh and modern while the youth common room has some of the walls painted a cool blue.

One of the fire escapes has already been installed with the second currently being constructed and many of the other features, such as the training kitchen, IT suites and arts and crafts room are really taking shape.

With the large number of windows spread evenly throughout the building each room is very bright, spacious and accommodating. Construction is still currently ahead of schedule, with the building expected to be completed in February 2012. You can find many more pictures and information on the Community Centre on our website: [www.pulteneytownpeoplesproject.org.uk/News](http://www.pulteneytownpeoplesproject.org.uk/News).



Find out all the latest on the Pulteneytown People's Project and receive our news when it happens by adding us on Facebook, Twitter and through RSS Feeds straight to your email.

Friend us on Facebook: [PulteneyProject Wick](#)

Find us on Twitter as: [PPPwick](#)

RSS Feed to our website: [www.pulteneytownpeoplesproject.org.uk/rss.xml](http://www.pulteneytownpeoplesproject.org.uk/rss.xml)

The Pulteneytown People's Project website is updated daily with news, pictures and information on future events.

[www.pulteneytownpeoplesproject.org.uk/index.html](http://www.pulteneytownpeoplesproject.org.uk/index.html)

There is a news page, information on all our projects and biographies on the PPP Directors.



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## New Carnegie Groups

PULTENEYTOWN People's Project Carnegie programme will be running brand new groups for students attending Thurso and Wick High Schools.

Pupils from Wick High School started their programme on August 23, closely followed by the Thurso pupils who started on August 25. The program will run until the October holidays, giving the students involved help and support in finding and maintaining employment.

Carnegie is a programme which seeks to provide both a theoretical and practical course tailor suited to young people of school age who are potential school leavers. Through Carnegie young adults are better prepared for starting work.

Both groups will be studying SQA Employability and Steps to Work where the units focus on preparing for employment, building their employability skills, responsibilities of employment and dealing with work situations. Additionally the students will be taking the Road Safety Awareness SQA in order to help them pass their driving theory test.

Debbie Sutherland, Principal Teacher of Student Support at Thurso High School explained how Carnegie would benefit the pupils: "The pupils are all very excited about starting and have been asking me constantly when it's going to begin! It's great to see them so interested."

"The work that the students are going to do at Carnegie will be really good for their CVs and building upon their skills. Carnegie will give them new responsibilities and an environment outside of what the school can provide. It's always of benefit to the students to get outside companies providing different services."

"The feedback we've received from pupils in similar programmes in the past has been very positive and Thurso High School is looking forward to working with PPP in the future, especially with the post-16 years-old pupils."

Leslie Gunn, Deputy Rector of Wick High School added: "Wick High School values the links which have been developed over several years with PPP."

"The Carnegie programme has been of real benefit to our pupils, particularly those people who need support to help them find a positive destination to move on to after school."

"It has proved effective in providing a bridge between school and college or further training."



## Youth Committee

THE newly formed PPP Youth Committee had its first outing on September 3 when they visited Nairn Community Centre and Elgin Youth Cafe.

Leaving early on Saturday morning, the nine members of the youth committee, along with PPP staff members Lynn Bain and Leona MacNab, travelled south to spend time learning how Nairn and Elgin run their youth projects, discovering some new ideas for PPP's own Community Centre. Having previously had a guided tour of the PPP Centre, the Committee found lots to inspire them at Nairn Community Centre and Elgin Youth Cafe. The Youth Committee then had an overnight stay at Badaguish Activity Centre where they took part in team building exercises such as gorge walking before making the journey home on Sunday night.

The Committee will now be discussing and implementing its research, creating a fun, friendly environment at the PPP Community Centre where local youths can relax, socialise and learn.

## PPP Welcomes Australian Professor

PPP welcomed a visit from Professor Kevin O'Toole, an internationally renowned Associate Professor at the Warrnambool campus of Deakin University, Australia.

Professor O'Toole arrived at the PPP offices on August 29 to conduct research into the processes of community development and regeneration performed by PPP. Having close links with PPP dating back many years Professor O'Toole spent his time in Wick visiting PPP's new Community Centre and discussing with various members of staff the work they carry out in Caithness.

Professor O'Toole said: "I've been able to follow the development of PPP since the beginning and it is really remarkable; in such a short period of time the project has grown into a huge community facility."

"To have been able to raise such a substantial amount of funding for a small community is incredible and makes PPP very significant in terms of global community projects."

"The community driven processes in place here allows PPP to keep control of its own destiny which is important to itself and the area."

Professor O'Toole left on Wednesday August 31, returning to Australia with some very useful research conducted.

## A Bright Start

HELPING young children learn and play safe is Kayley MacGregor's idea of a dream job.

Kayley, 17, from Wick, has the chance to make this dream a reality as she has recently started her Get Ready for Work placement with Norlin Playgroup.

Get Ready for Work is a Skills Development Scotland programme which finds work placements for 16-19 year-olds, allowing them to receive on-the-job training, a wage and the full support of a PPP co-ordinator.

Kayley's 12 week placement as a trainee playworker at the North School based childcare centre will provide her with invaluable experience and training in her chosen profession.

Working with up to 20 children per day, Kayley has been keen to learn and is enjoying her time at Norlin Playgroup.

"The Get Ready for Work placement has been really good so far," Kayley said. "I've been finding it really informative and fun."

"I've been doing lots of creative things with the children such as painting, playing with Play-Doh, dressing up in funny clothes and lots of other fun activities. Today we were making flowers and letting the children use their handprints for the petals."

After completing her placement Kayley hopes to go onto college and study childcare.

"I really want to work with children in the future," Kayley added, "This placement will give me some great experience to go forward with."



## Job Club

IF you're looking for employment then PPP can help with its free Job Club, offering you help, support and advice on finding your perfect occupation.

Running every Friday from 10am to 5pm, the Job Club can be found at 45 Murchison Street, Wick. From 10-1pm a morning drop-in takes place where people can freely search for jobs, work on their CV, or browse the job sections of the newspapers.

From 2-4pm you can book a half-hour session with a member of staff who can help you with any job related issue from interview techniques to creating the perfect CV. These half-hour meetings are your perfect chance to get one-to-one support and the best way to get the answers which you need.

The last hour of the day will be free computer time, giving the opportunity to work on what you've been discussing in your half-hour meeting or simply use the Internet to search and apply for jobs.

For more information on the Job Club or to book your half-hour session, please call the PPP offices on 01955 606950.

## First Aid Course

CUTS, scrapes and breaks are no bother to the people of Wick after a group participated in Pulteneytown People's Project's Emergency First Aid at Work Course.

The group of nine attended the event at Wick Youth Club on August 4 where they spent the day learning various different ways of preventing and treating injuries and illnesses at work.

Tutored by PPP staff member Vince Walker, the Health and Safety Executive approved course taught the ins-and-outs of health and safety regulations, management of an incident, treatment of unconscious casualties, choking, seizures, bleeding, shock, resuscitation and priorities of first aid.

Life-size dummies were laid out to put all the theory into practice while miles of bandages were used to teach best methods of supporting strains, pains and breaks.

All who attended said the course was informative, interesting and valuable towards future employment and their CV.

Further Emergency First Aid at Work Courses are provisionally planned for October 5 and October 29 which will give new groups the opportunity to learn these valuable skills. The course costs £115 or £40 if you are currently receiving benefits, both of which can be paid for through ILA (Individual Learning Account) if the person is registered. Anyone wishing to register their interest in attending can contact PPP on 01955 606950.

